# A MATTER OF SUBSTANCE:

**NOVEMBER 2010** 

A PUBLICATION OF THE IDPH DIVISION OF BEHAVIORAL HEALTH

At-a-Glance

## **DIVISION QUICK FACTS**

A Day of Healing: On Saturday, November 20, 2010, simultaneous conferences for survivors of suicide loss will take place throughout the U.S. This unique network of healing conferences helps people connect with others who have survived the loss of a loved one to suicide. Each conference site is organized locally, but all participants will watch a 90-minute American Foundation for Suicide Prevention broadcast from 12-1:30 Central Time. Many conference sites plan local programs such as panels and breakout groups around the broadcast, all aimed at helping survivors heal. To learn more and to find the locations in lowa, visit the American Foundation for Suicide Prevention website at <a href="https://www.afsp.org">www.afsp.org</a>.

**Substance Abuse Prevention Evaluation Report:** The Comprehensive Substance Abuse Prevention Program Evaluation Report is now available on the IDPH website. It includes the results of matched pre- and post-surveys for evidence-based programs conducted by Comprehensive Substance Abuse Prevention contractors from July 2005 - June 2010. The report describes substance abuse curricula for elementary, middle and high school-aged youth. The report was prepared by the Iowa Consortium for Substance Abuse Research and Evaluation. Contact Kristin White <a href="mailto:kristin-l-white@uiowa.edu">kristin-l-white@uiowa.edu</a> for questions.

**Welcome!:** The Division of Behavioral Health is welcoming Megan Hartwig as our Traumatic Brain Injury Program Manager. Megan has worked with individuals who have cognitive and physical disabilities, brain injuries, and mental illness for 10 years, most recently with the New Horizons Adult Day Care Center in Ankeny. Megan has a Bachelor's degree from Iowa State University and a Masters of Healthcare Administration from the University of Phoenix.

# SPOTLIGHT - Van Buren County SAFE Coalition Wins Coalition of Excellence Award!:

Congratulations to the Van Buren County SAFE Coalition of Keosauqua on their recognition in the Coalition of the Year category of the 2010 Got Outcomes! Coalition of Excellence Award. The award is sponsored by the Community Anti-Drug Coalitions of America (CADCA), National Coalition Institute. The Van Buren County SAFE Coalition demonstrated long term outcomes for multiple substances and will be recognized at CADCA's National Leadership Forum, February 7-10, 2011. Contact Heidi Bainbridge <a href="https://wynhoo.com">https://wynhoo.com</a> for more information.

**Director's Corner:** Hello. The 2010 lowa Prevention Conference — addressing problem gambling, substance abuse, and tobacco use — will be November 4th in Ames. It will be preceded on the 3rd by the PACT360 Community Education Program and will be followed on the 5th by a Substance Abuse Prevention Contractors Meeting and the Tobacco Use Prevention and Control Annual Meeting. That's a lot of prevention power packed into three days! And that's good; we're going to need all the power we can muster as we move forward with healthcare reform. Do you know that "Prevention of Substance Abuse and Mental Illness" is #1 on SAMHSA's list of eight strategic initiatives? Here's the description of the initiative: "Create Prevention Prepared Communities where individuals, families, schools, faith-based organizations, workplaces, and communities take action to promote emotional health and reduce the likelihood of mental illness, substance abuse including tobacco, and suicide..." Sounds good to me. Thanks, Kathy Stone

## UPCOMING EVENTS

# SAMHSA Health Reform State Road Map Webinar November 4 from 1:00-2:00 CST Conference Number

November 4 from 1:00-2:00 CST. Conference Number: PW8090855, Audience Passcode: 5350462

To join this event, go to <a href="https://www.mymeetings.com/emeet/join/index.jsp?customHeader=mymeetings">www.mymeetings.com/emeet/join/index.jsp?customHeader=mymeetings</a>.

#### **Iowa Prevention Conference**

November 4, Gateway Hotel/Conference Center in Ames. For more information, go to <a href="https://www.trainingresources.org">www.trainingresources.org</a>.

## **Substance Abuse Prevention Specialist Training**

November 9-10 (Part 2 of training started October 6-7), Camp Dodge in Johnston. For more information, go to <a href="https://www.counterdrugtraining.com">www.counterdrugtraining.com</a>.

### **Iowa Nonprofit Summit**

November 15-16, Scheman Building in Ames. For more information, go to

www.regonline.com/builder/site/ Default.aspx?EventID=889842.

# **Substance Abuse Prevention Ethics**

November 30, Camp Dodge in Johnston. For more information, go to www.counterdrugtraining.com.

# For more information about the Division of Behavioral Health, visit

www.idph.state.ia.us/bh

For questions related to "A Matter of Substance," contact the editors:

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